



# Food Allergies Policy

THE  
**COMPASS**  
PARTNERSHIP OF SCHOOLS

Schools within the Compass Partnership are committed to pupil safety and therefore have created this policy to reduce the risk of staff and children having allergy related difficulties.

## **Aims**

To reduce the likelihood of a pupil or member of staff with a known food allergy displaying a severe reaction to a specific food while in school.

To foster an understanding of and sense of responsibility for the specific needs of the individual members of the school community.

To create an awareness of the action to take should someone with a severe food allergy display its symptoms.

To ensure the school complies with the statutory guidance for supporting pupils with medical conditions.

## **School Procedure**

We believe that claiming to be a completely 'nut free' environment can be problematic and serve as a false sense of security. Instead, we take on a duty of care to educate our pupils and staff on how to handle and manage their food allergies safely in the school environment. Our caterers will not use products containing nuts as an ingredient within our school ordering but will, on occasion, use products with a 'may contain nuts' declaration – providing there are no nuts present in the ingredients list.

Pupils with a nut allergy will be on one of our medical diets to ensure that they are not served meals with a 'may contain nuts' declaration.

On entry to the school, parents are required to inform the school of any known food allergies that their child has. This information is entered on the school's database from the enrolment form.

If a child has an allergy requiring an EpiPen, their details will be recorded in the school's medical alert handbook.

Upon determining that a child attending school has a severe allergy, a team meeting will be set up as soon as possible, where all staff concerned attend to update knowledge and awareness of the child's needs.

Parents must update this information if an allergy is diagnosed at any stage in their child's education.

Parents will be given a yearly reminder to update allergy information.

All information related to food allergies will be shared with our catering provider/school catering teams.

Our catering provider (Chartwells) has their own policies and procedures in relation to food allergen and intolerance. Parents who wish their child to have school lunch will need to follow the procedures as set out by Chartwells. Please follow this link for further information.

All members of staff are given the names of children who have specific food allergies through the confidential information sheets issued at the beginning of each school year and as part of the induction procedure for in-year admissions. Photographs of pupils with severe food allergies are displayed in the staff room and the school kitchen. These will include details of action to be taken in the event of a reaction.

The school provides training to enable staff to recognise the symptoms of an allergic reaction and to respond appropriately. All staff who work directly children have been trained in the use of the EPIPEN should a child with a known allergy go into anaphylaxis.

All parents are advised to ensure that their child does not bring nuts, or foods that may contain nuts, into school.

### **Parent/Carer role**

Parents are responsible for providing, in writing, ongoing accurate and current medical information to the school.

Parents are to send a letter confirming and detailing the nature of the allergy; including:

- The allergen (the substance the child is allergic to)
- The nature of the allergic reaction (from rash, breathing problems to anaphylactic shock)
- What to do in case of allergic reaction, including any medication to be used and how it is to be used.
- Control measures – such as how the child can be prevented from getting into contact with the allergen.

Provide the school with up to date medication clearly labelled in a suitable container with a prescription.

Provide up to date emergency contact information.

Work with the school to develop their child's risk assessments for school trips.

## **Wider Parent Community**

Ensure snacks and lunches brought to the school are not known to contain nuts.

Any birthday treats provided for classes by parents should be in their original packaging with ingredients easily visible and should not be known to contain nuts. These will be handed out at the end of the day for parents to decide if their child is allowed to eat them.

School clubs will not provide snacks that are known to contain nuts.

## **School role**

School will ensure:

Staff familiarise themselves with this policy and adhere to health and safety regulations regarding food and drink.

All staff working directly with children will have training on Epipen use and storage.

Emergency medication is stored in a safe, accessible place.

Staff familiarise themselves with the medical handbook and class lists, and know where medication is stored.

Supply teachers are made aware of the medical needs information as part of their induction.

All tables are cleaned with an approved solution.

Children are encouraged not to share packed lunches.

Staff liaise with parents about snacks and any food - related activities e.g. cooking.

Staff adhere to the same no nut policy and not bring foods that are known to contain nuts onto our premises.

Awareness of the signs of allergic reactions in other staff.

An allergens risk assessment is completed to ensure all possible control measures to avoid contact with allergens are put into place. This will be reviewed annually or earlier if required.

## School Response to an allergic reaction

In the event of a child suffering an allergic reaction:

- We will delegate someone to contact the child's parents
- If a child becomes distressed or symptoms become more serious telephone 999
- Keep calm, make the child feel comfortable and give the child space
- If medication is available, it will be administered by trained staff
- If parents have not arrived by the time ambulance arrives, a member of staff will accompany the child to hospital.

## Monitoring, evaluation and review

The Board of Trustees will assess the implementation and effectiveness of this policy. The policy will be promoted and implemented throughout all Trust Schools.

This Policy will be reviewed by the Board of Trustees on a two-yearly cycle.

Adherence to the policy will be monitored by the Local School Committee.

Policy adopted:	Autumn Term 2022
Other related policies:	Supporting Children with Medical Needs Inclusion Policy
Next Review:	Autumn Term 2024